**Hi neighbour!**

This is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ from \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

As you are well aware, the health concern that we are all facing is impacting those who typically access community resources for basic needs such as food at an alarming level.

The Emergency Food Cupboard at the Northwest London Resource Centre is working to keep supplies available for families in need at this time. This food cupboard allows families to register on an on-going basis to access food for their family as well as other support.

Our church, West London Alliance Church, partners with the Resource Centre. We are collecting on their behalf and would love you to join us if you are able.

On \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ at \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, we will walk the community and collect any plastic bags with food that have been left at people’s front door.

Here is a list of the Centre’s current needs. If you find yourself at the store, please consider picking up a couple items. We will deliver the food in bulk to the Food Cupboard.

|  |  |
| --- | --- |
| Immediate Needs | Soon to be Immediate Needs |
| ·         Rice  ·         Chickpeas  ·         Baby formula & baby wipes  ·         Diapers – size 5 & 6  ·         Toilet paper/tissue paper  ·         Tuna  ·         Cereal & Oatmeal  ·         Fruit cans | · Tomato Sauce  · Crushed tomatoes  · Apple sauce  · Vegetable cans:   * peas and carrots * peaches and cream * green beans   · Chef Boyardee – any type |

Thank you for any willingness to help us help the community together.

If you have any questions, please feel free to contact me at \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

Also, if you yourself have any needs or a lack of accessibility to get to stores, please let me know, I would love to assist you as your neighbour

Thank you,

[www.nwlrc.ca/emergency-services](http://www.nwlrc.ca/emergency-services)

[www.wlachurch.org](http://www.wlachurch.org)